

States and Capitals of India (2026)

List of 28 States and Capitals of India

Many students still search for the *list of 29 states of India with capital*; however, following the Jammu & Kashmir Reorganisation Act, India currently (in 2026) has **28 states**.

S.No.	State Name	Total Districts	Capital	Official / Region Language
1.	Andhra Pradesh	26	Amaravati	Telugu
2.	Arunachal Pradesh	22	Itanagar	English
3.	Assam	35	Dispur	Assamese
4.	Bihar	38	Patna	Hindi
5.	Chhattisgarh	28	Raipur	Hindi / Chhattisgarhi
6.	Goa	2	Panaji	Konkani
7.	Gujarat	33	Gandhinagar	Gujarati
8.	Haryana	22	Chandigarh	Hindi
9.	Himachal Pradesh	12	Shimla (Summer), Dharamshala (Winter)	Hindi
10.	Jharkhand	24	Ranchi	Hindi
11.	Karnataka	30	Bangalore	Kannada
12.	Kerala	14	Thiruvananthapuram	Malayalam
13.	Madhya Pradesh	55	Bhopal	Hindi
14.	Maharashtra	36	Mumbai	Marathi
15.	Manipur	16	Imphal	Meitei (Manipuri)
16.	Meghalaya	10	Shillong	English
17.	Mizoram	8	Aizawl	Mizo
18.	Nagaland	16	Kohima	English
19.	Odisha	30	Bhubaneswar	Odia
20.	Punjab	23	Chandigarh	Punjabi
21.	Rajasthan	41	Jaipur	Hindi
22.	Sikkim	6	Gangtok	Nepali / English
23.	Tamil Nadu	38	Chennai	Tamil
24.	Telangana	33	Hyderabad	Telugu
25.	Tripura	8	Agartala	Bengali / Kokborok
26.	Uttar Pradesh	75	Lucknow	Hindi / Urdu
27.	Uttarakhand	13	Dehradun (Winter), Gairsain (Summer)	Hindi
28.	West Bengal	23	Kolkata	Bengali

Here, we have given only numbers of districts of each state. Curious readers can also know the name of districts by clicking on the numbers. They will be redirected to official website of respective states.

Note: The states and capitals mentioned in above table has been taken from official website of [India.gov.in](https://india.gov.in). This information on 'The Lucknow Classes' website was last updated on 17th August 2026. It may change with time. So, readers must check the recent data from official website given above.



List of 8 Union Territories of India and Their Capitals

Unlike full states with their own state governments, **union territories of India** are governed directly by the Central Government via an appointed Lieutenant Governor or Administrator (except Delhi and Puducherry, which have legislative assemblies).

S.No.	Union Territory	Capital
1.	Andaman and Nicobar Islands	Sri Vijaya Puram (Before Port Blair)
2.	Chandigarh	Chandigarh
3.	Dadra and Nagar Haveli and Daman and Diu	Daman
4.	Delhi (NCT)	New Delhi
5.	Jammu and Kashmir	Srinagar (Summer), Jammu (Winter)
6.	Ladakh	Leh
7.	Lakshadweep	Kavaratti
8.	Puducherry	Puducherry

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